Moxibustion, Point Injections Relieve Symptoms of Tennis Elbow

Fifty patients suffering from tennis elbow were treated with a combination of moxibustion on points on the Large Intestine meridian, and injections of red sage root and stauntonia into specific acupoints. The treatment protocol either cured the condition or improved symptoms in 96 percent of patients.

**Effectiveness Rate of Moxibustion/Point Injections**

- **Cured**: 30 (60%)
- **Improved**: 18 (36%)
- **Failed**: 2 (4%)

SOURCE: Liping S. Fifty cases of external humeral epicondylitis treated by moxibustion and point-injection. Journal of Traditional Chinese Medicine September 2004;24(3)