



Cha Dao: The Way of Tea

By Brenton Harvey, LAc, CH and Hong Ji

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Brenton Harvey, LAc, CH, and Hong Ji co-own Chinese Tea Imports., Ltd., research and educate on medicinal uses, and source and sell numerous Chinese fine teas. Brenton Harvey lives and practices in Shanghai, and travels the country exploring and purchasing teas. Hong Ji resides in Peoria, Ill., teaches *tai chi* and *qi gong*, and manages distribution.

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