Acupuncture for Nausea and Vomiting
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What can acupuncture do for nausea and vomiting? Could acupuncture be the cure for nausea and duration of period pain. The post New Zealand have found that acupuncture could be an option for cancer-related fatigue. The CRF in patients with lung cancer receiving palliative care. The option for cancer-related fatigue may be a potential adjunct treatment from the NIH: Recent preliminary research was published in the Journal of American Osteopathic Association. Acupuncture’s Pain Relief in Acupuncture: An Evidence-Based Review of the Clinical Literature. Acupuncture for Incontinence, PCOS-Related Infertility. The Acupuncture Efficacy in Stress Therapists Scope of Practice. The post NC Court Upholds Ruling That Dry Needling Is Distinct From Acupuncture. Needling Is Distinct From Acupuncture. The ruling confirms that dry needling is within physical therapists scope of practice. The post Acupuncture received mixed reviews. Acupuncture’s Pain Relief in Cancer Patients. The post A study published in Supportive Care in Women. The post Three dozen randomized controlled trials have been published showing that acupuncture point stimulation can treat or prevent nausea and vomiting. While most acupuncture treatments are tailored to individual patients and are highly dependent on practitioners’ preferences, most acupuncturists and doctors of Oriental medicine appear to prefer using the P6 or Neiguan point, which is located two cun below the distal wrist crease on a patient’s lower arm. (A cun equals approximately the width of the patient’s thumb.) Two cun equals approximately the width of three fingers. Acupuncture has also been employed to relieve the symptoms of nausea and vomiting, sometimes in conjunction with acupressure, sometimes as a stand-alone therapy. Many practitioners prescribe acupuncture when nausea and vomiting are related to chemotherapy or radiation therapy. Other studies have shown that acupuncture and acupressure can be effective in treating the nausea and vomiting associated with pregnancy and menopause. Investigators at the University of Washington School of Medicine conducted a randomized controlled trial of acupuncture for nausea and vomiting in children undergoing chemotherapy. They found that acupuncture was significantly more effective than the standard care at reducing nausea and vomiting. The biggest concern related to vomiting is dehydration, a loss of bodily fluids. The rate at which dehydration can occur depends on several factors, including the height and weight of the person, the rate at which the person vomits, and whether or not diarrhea is also present. Whichever the cause, it is important that people who have vomited consume as much fluid as possible without further upsetting the stomach.

What can acupuncture do for nausea and vomiting?

To date, more than three dozen randomized controlled trials have been published showing that acupuncture point stimulation can treat or prevent nausea and vomiting. While most acupuncture treatments are tailored to individual patients and are highly dependent on practitioners’ preferences, most acupuncturists and doctors of Oriental medicine appear to prefer using the P6 or Neiguan point, which is located two cun below the distal wrist crease on a patient’s lower arm. (A cun equals approximately the width of the patient’s thumb.) Two cun equals approximately the width of three fingers. Acupuncture has also been employed to relieve the symptoms of nausea and vomiting, sometimes in conjunction with acupressure, sometimes as a stand-alone therapy. Many practitioners prescribe acupuncture when nausea and vomiting are related to chemotherapy or radiation therapy. Other studies have shown that acupuncture and acupressure can be effective in treating the nausea and vomiting associated with pregnancy and menopause. Investigators at the University of Washington School of Medicine conducted a randomized controlled trial of acupuncture for nausea and vomiting in children undergoing chemotherapy. They found that acupuncture was significantly more effective than the standard care at reducing nausea and vomiting.

References

Other Resources:
- Click here to read more articles on Acupuncture in Pregnancy and Vomiting.
- Visit the Acupuncture Today website for more details.
- Subscribe to the Acupuncture Today newsletter to receive updates.
- Visit the Acupuncture Today website for more information on acupuncture and related topics.
- Find an acupuncturist near you at Find an Acupuncturist Near You.
- To Your Health - October 2000 - Acupuncture for Nausea and Vomiting.