Fumaric Acid
Vitamins, Minerals and Dietary Supplements

Fumaric Acid

What is Fumaric Acid? Why do we need it?
Fumaric acid is produced naturally by the body. In addition, fumaric acid is available as a dietary supplement (in the commended daily amount) and as a preparation to be applied topically. Only esterified forms of fumaric should be used, and only after consulting with a dermatologist.

How much Fumaric Acid should I take?
Fumaric acid is available as a dietary supplement (in the commended daily amount) and as a preparation to be applied topically. Only esterified forms of fumaric should be used.

What forms of fumaric acid are available?
Fumaric acid is available in the form of fumaric acid esters (esters of fumaric acid and other organic acids)

How can I take Fumaric Acid?
Fumaric acid can be consumed orally or topically. It is usually taken in the form of a tablet or capsule, with the dosage increasing gradually over several weeks until an effect is seen. Only esterified forms of fumaric should be used.

What is Fumaric Acid?
Fumaric acid is a naturally occurring compound found in plants, fruits, and microorganisms. It is a precursor to malic acid and is involved in the production of energy derived from food.

What is the optimal dosage of Fumaric Acid?
The optimal dosage of fumaric acid for treating various conditions such as psoriasis and other skin conditions depends on the individual being treated. Generally, patients should start with a low dose of fumaric acid and gradually increase the dosage until an effect is seen. Only esterified forms of fumaric should be used.

How much Fumaric Acid should I take for treating psoriasis?
The amount of fumaric acid to be consumed depends on the individual being treated. Generally, patients should start with a low dose of fumaric acid and gradually increase the dosage until an effect is seen. Only esterified forms of fumaric should be used.

References

For more information, please visit: http://www.acupuncturetoday.com/vitamincentral/fumaric_acid.php?no_b=true