Abdominal Acupuncture Effective in Treating Secondary Amenorrhea

Thirty-three patients with secondary amenorrhea were treated with abdominal acupuncture at six points (zhong wan, xia wan, qi hai, guan yuan, qi xue and shui dao) three times a week for a total of 20 sessions. Significant improvement or cure (resumption of a normal menstrual cycle) was seen in almost 90 percent of the women receiving treatment.

Effects of Abdominal Acupuncture

- Cure: 63.6%
- Effective improvement: 24.2%
- No response to treatment: 12.2%