Acupuncture for Nausea and Vomiting
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What is nausea? What causes it? Who suffers from it?

Nausea is the sensation that leads a person to have the urge to vomit. Nausea may be caused by a variety of factors, including migraine headaches, allergies, excessive alcohol consumption, and food poisoning. Although most everyone feels nauseous at one time or another, the feeling is most commonly experienced by infants, young children and pregnant women. Postpartum women often suffer nausea as a symptom of morning sickness.

Acupuncture may be able to help with nausea. Some studies have found that acupuncture reduces nausea and vomiting in cancer patients. Acupuncture is a stand-alone therapy. Many practitioners prescribe acupressure bracelets, which apply pressure to certain points without the use of needles. And when acupuncture is required for nausea and vomiting, it is most often combined with other treatments such as medication, electrotherapy, and physical therapies.

Reference: