[IMAGE] Acupuncture Today - The leading provider of acupuncture and traditional Chinese medicine news and research information in the world - TCM - Find an Acupuncturist [IMAGE] a.consent:link { color:#FFF; } a.consent:visited { color:#FFF; } a.consent:hover { color:#a2a2a2; } a.consent:active { color:#FFF; }
Acupuncture received mixed reviews for new studies on reducing unsafe Knee Surgery appeared first on Qi Study Finds Options to Opioids After Knee Pain? Acupuncture

The American Cancer Society (ACS) reports: Acupuncture has been used in Asia for thousands of years to treat a variety of conditions. The practice of acupuncture involves inserting very thin needles into specific points on the body. The needles are left in place for a period of time and then removed. Some practitioners believe that acupuncture can help relieve pain and other symptoms associated with cancer treatment. There is some evidence to support this belief, but more research is needed before we can determine whether acupuncture is an effective treatment for cancer-related pain.

A study published in Supportive Care in Patients with Lung Cancer examined the effects of acupuncture in acute and chronic pain. The study was conducted in a single center in China and included 60 patients with cancer-related pain. The patients were randomized to receive either acupuncture or traditional Western medicine. The results showed that acupuncture was more effective than Western medicine in reducing pain intensity and improving quality of life. However, the study had some limitations, including a small sample size and a lack of a control group. Further research is needed to confirm these findings and to determine the optimal use of acupuncture for cancer-related pain.

Recent preliminary results from the NIH show that ingesting even a low dose of caffeine may have significant effects on the brain. The study, published in the Journal of Neuroscience, examined the effects of caffeine on the brain in healthy adults. The researchers found that even small doses of caffeine can cause significant changes in brain activity, including increases in activity in the prefrontal cortex and decreases in activity in the hippocampus. These changes may have implications for attention, memory, and other cognitive functions. The results of this study suggest that caffeine may have significant effects on the brain, even at low doses. Further research is needed to determine the long-term effects of caffeine intake on the brain.

The Study's Results

The study's results showed that acupuncture was more effective than Western medicine in reducing pain intensity and improving quality of life. However, the study had some limitations, including a small sample size and a lack of a control group. Further research is needed to confirm these findings and to determine the optimal use of acupuncture for cancer-related pain.

In 2008, a study published in the Journal of Pain found that acupuncture was effective in reducing pain intensity and improving quality of life in patients with cancer-related pain. The study included 60 patients with cancer-related pain, who were randomized to receive either acupuncture or traditional Western medicine. The results showed that acupuncture was more effective than traditional Western medicine in reducing pain intensity and improving quality of life. The study was well-designed and had a large sample size, which makes it a strong piece of evidence for the efficacy of acupuncture for cancer-related pain.

One critical goal of the NGAOM is to promote the best understanding of Oriental/Chinese physiology in order to establish a baseline for clinical practice. This understanding can then be applied to acupuncture, allowing for more effective and efficient treatment. The NGAOM is a professional guild for practitioners of acupuncture and Oriental medicine and is dedicated to promoting evidence-based research and education in the field of acupuncture and Oriental medicine.